

I know that there is so much information, but because only a few partners manage to join the Skype meeting and many of you ask separate questions by email, we try to put in writing every aspect that raises questions or where there were problems in the past project.

- **The youth exchange will take place in Moldovenești, 30 km from Cluj-Napoca, Romania, as it is mentioned in the info pack. The nearest airport is the one in Cluj-Napoca.**
- Participants and national teams:
  - **Every national group had to have 5 people:** 4 young people between 18-29 years old and 1 leader, older than 18 years old.
  - This is the requested number to have an eligible team, if not, can not participate at all. Please try to have a team balanced in gender.
  - When selecting people for the team please pay attention to the **age range** and if it is the case to be **resident** in the country in the team they will participate and to have valid documents long time after mobility.
  - If there are group leaders who want to present a session on any topic from the daily schedule. If there is someone willing to share some knowledge, this is not mandatory, they will send us the materials before the mobility and if we agree on that, then we know with certainty who is responsible for each session, taking into account the focus of the project which is non-formal learning.
  - We suggest that you have your **reserve list with participants** as a precautionary measure in the event that a participant withdraws. If a country can not send 5 people, that means the partner is withdrawing from the project.
  - Attention to tickets on arrival date and time and date of departure. Since the location is further away from Cluj. **Arrival day: October 15**, until 6 PM, Romanian hour. **Departure day: October 26**, preferably after 9 AM.
  - There is no budget for health insurance. But it is recommended and for the EU participants the European health card.
  - The location where the mobility will take place is 30 km from Cluj. We have only a few visits organized in Cluj and Turda. There is a strict rule that participants are not allowed to leave the location during mobility. Group leaders have to mention all these aspects to the participants before mobility, so we will not have any misunderstandings after.
    - Participant profile and selection criteria:
      - - Young people aged 18-29;
      - - gender balance;
      - - Language skills: advanced knowledge of English (written and spoken);
      - - Multiplication, information and training capacity;
      - - Motivation and personal expectations;
      - - Geographical distribution;
    - Background or interest in circular economy, sustainable development and environment protection, food waste combat, manufacturing and entrepreneurship skills.

Most of you have already designated a group leader and we want to give you the freedom to choose teams, it is not our intention to impose. As a suggestion only for choosing a group leader, it is preferable that it has some related knowledge project themes and experience in working with young people of the established age range.

- Financing:

- We usually give the reimbursement to partners after the mobility when we have the supporting documents of the partner's invoice and the feedback questionnaire of the group leader that have to be filled in the Mobility Tool platform. We usually work in this way, but depending on the financial capacity of each partner, we can discuss these issues.

- Subsistence

- In the arrival day we will have dinner together and every day of the program there will be breakfast, lunch, dinner and 2 coffee breaks and in the departure day breakfast is provided.

- The accommodation is arranged for 3 persons in one room. We will cover the accommodation from October 15th, 2019 (arrival day) and last until October 26th, 2019 (departure day). The guest houses will provide towels, sheets and everything that is necessary.

- There are 2 guest houses where the participants will be accommodated that are very close to each other: "Poarta Paradisului guest house" and "Poarta Apusenilor guest house". website: <https://www.booking.com/hotel/ro/poarta-paradisului.ro.html>.

- This youth exchange will be in English, without any possibility of permanent translation. Therefore, we ask you to have a good level of English (to be able to understand and to communicate). The programme encourage participants to share their past experiences.

- Group leaders:

- Every day there will be the national reflection groups with the group leader to discuss the activities of that day and the lessons learned during the day, using the 8 key competences as the main tool for understanding the learning process. Later, the leaders will meet to discuss and reflect on the issues that could appear and try to find common solutions if needed.
- The sessions that can be moderate by the group leaders if they want to be involved in the facilitating process or if you have any suggestions are:

D1 – youthpass presentation with the 8 key competencies of the certificate. Every group leader should know a few things about the competence of the youthpass in order to help their team members to understand better.

D1 - Knowing games – games to get to know each other, their interests, etc

D2 – Presentation of Erasmus+ program - PowerPoint presentation to help participants better understand the concept of European project, solidarity, tolerance and sharing best practices

with other nations.

D2 - Sustainable consumption and production - ways of responsibility, reuse, recycling, reduction, refusal and composting that young people can achieve in their everyday lives. stereotypes in each country, identifying common problems and finding common solutions to address these issues. The concept of sustainable consumption and how it can contribute to the sustainable development of our planet. presenting sustainable production patterns and examples of companies that develop products through re-design.

D2 - Team building exercises.

D3 - Good and bad practices on sustainable consumption - good practices and bad waste management practices because they reflect the consumption behaviour of a community. drawing up lists of bad and good practices with reference to 6R.

D9 - Developing a business plan - the importance of a business plan. The elements of a business plan, ways to promote a business idea and sell online products through recycling, reuse and reduction. The purpose is to develop a business idea with sustainable and eco-innovative production.

- The project will include:

- 5 workshops: Sustainable Consumption and Production, wood recycling, textile recycling, plastic recycling, ART Workshop.

- 8 Study visits: Food Bank of Cluj-Napoca, USAMV, Turda Salt Mine, historical centre of Cluj-Napoca, WeRecycle, Scientifica, Pata Rât, UTCN 3D Printing Laboratory.

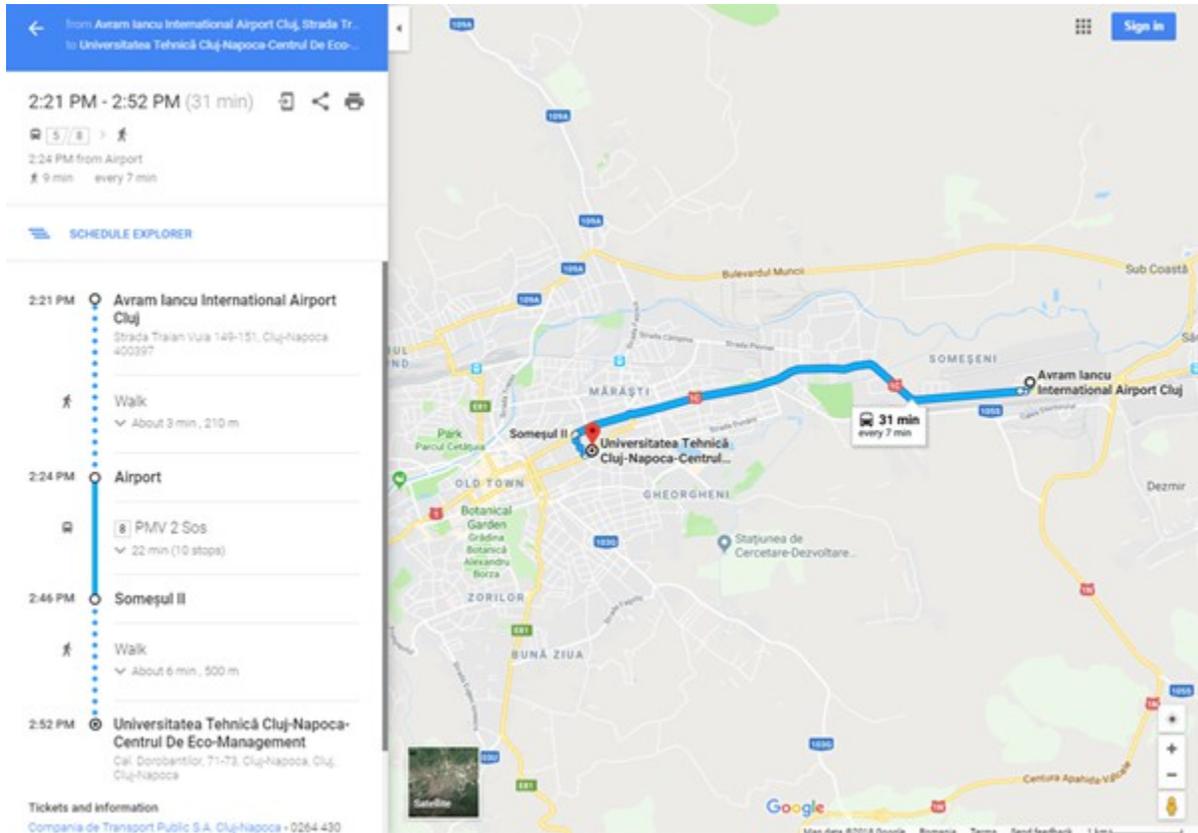
- Some of you ask about our past Erasmus+ project. Here is the link about it: [http://www.ircem.ro/ircem\\_implementeaza\\_proiectul\\_3reuse/](http://www.ircem.ro/ircem_implementeaza_proiectul_3reuse/)

County	Travel grant per person
Italy	275 EUR
Bulgaria	180 EUR
France	275 EUR
Turkey	275 EUR
Poland	180 EUR
Greece	275 EUR

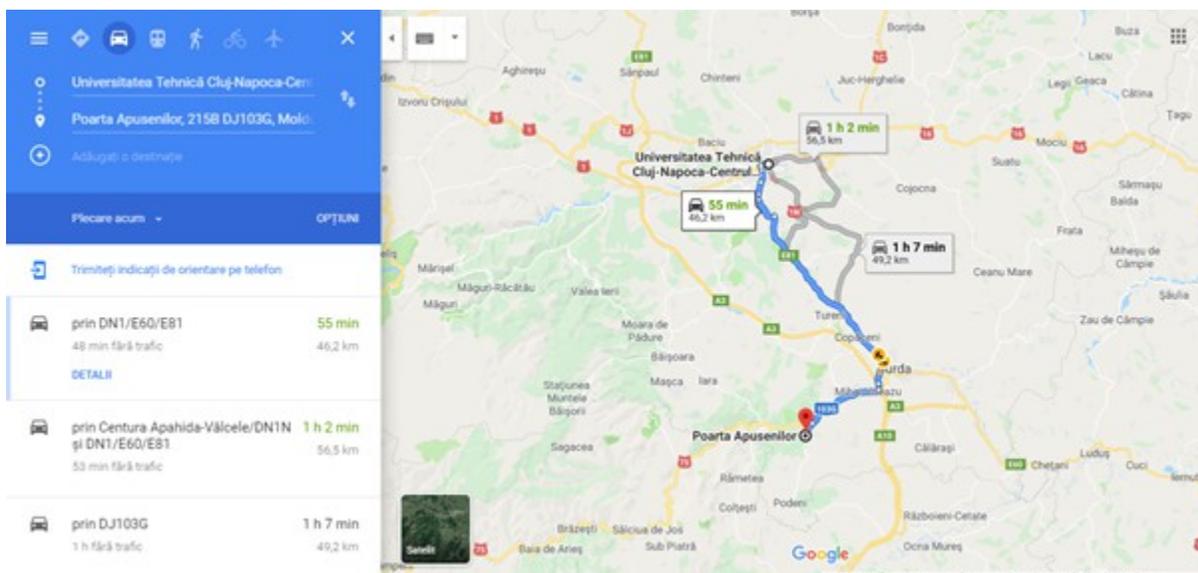
Germany

275 EUR

- From airport to our office:



- From IRCEM to the place where the project will take place:



- !!! In Erasmus+ projects it is not allowed to request any money from participants, whatever is called participation fee or something else. Only the travel expenses if they could cover until the reimbursement.